

ADDICTA

The Turkish Journal on Addictions Special Issue on Behavioral Addictions

Volume: 12 • Issue: 4 • December 2025

362	Sociodemographic, Clinical, and Psychological Characteristics of Adults with Gaming Disorder: A Nationwide Study from Türkiye
374	Exploring Academic Trends in Gaming Disorder Research in Türkiye: A Bibliometric and Descriptive Content Analysis of Graduate Theses (2010–2024)
382	The Relationship between Undergraduate Students' Online Gaming Motivations, Gaming Addiction, and Online Prosocial Behaviors
389	Explaining Psychological Theories and Constructs Affecting Problematic Social Media Use in Turkish University Students from a Motivational Perspective
398	A Person-Centered Approach to Social Media Addiction in Adolescents: Latent Profile Analysis of the Sense of Coherence, Cognitive Flexibility, and Emotion Regulation
405	Executive Dysfunction and Psychological Symptoms in Problematic Social Media Use
411	Intolerance of Uncertainty in the Relationship between Self-regulation and Social Media Addiction
418	Internet Addiction, Social Media Addiction, and Nomophobia in Social Media Managers: What Is Their Relationship with Personality Traits?
426	Gambling Addiction and Suicide: A 10-Year Autopsy-Based Retrospective Analysis
434	Pornography and Masturbation Addictions through the Lens of Self-Help: Insights from NeverFap Academy Members
442	What Do Post-Pandemic Graduate Theses Reveal About Behavioral and Digital Addictions? A Bibliometric Analysis
450	Examining the Relationship between Digital Obesity, Digital Addiction, Desire for Self-Control, and Academic Achievement among University Students
459	The Relations between Eating Behaviors, Body Appreciation, Problematic Internet Use, and Impulsivity: A Research on Testing Different Structural Models
468	Smartphone-Related Distractibility, Flow, and Short Video Addiction: Implications for the Mental Health of Pre-Service Special Education Teachers
475	Unveiling the Mediating Role of Boredom Proneness in the Relationship Between FoMO and Problematic Smartphone Use among Undergraduates
484	Evaluation of Internet News through a Strategic Communication Document for Combating Addiction
492	Impact of Workplace Stress on Addictive Behaviors among Workers in a Tunisian Petroleum Industry
498	A Roadmap to Problematic Pornography Use: Research, Assessment, and Treatment

ADDICTA

Guest Editors

Osman Tolga Arıçak

Hasan Kalyoncu University, Türkiye
tolga.aricak@hku.edu.tr
ORCID iD: 0000-0001-8598-5539

Zsolt Demetrovics

University of Gibraltar, Gibraltar
Flinders University, Australia
Eötvös Loránd University, Hungary
zsolt.demetovics@unigib.edu.gi
ORCID iD: 0000-0001-5604-7551

Editor-in-Chief

Hakan Coşkunol

Turkish Green Crescent Society, Türkiye
hakan.coskunol@ege.edu.tr
ORCID iD: 0000-0001-5925-4441

Section Editors

Addiction and Comorbidity

Cüneyt Evren

Liman Psychiatry and Psychotherapy Center, Türkiye
cuneytevren@yahoo.com
ORCID iD: 0000-0002-4431-3514

Alcohol Use Disorders

Ebru Aldemir

İzmir Tınaztepe University, İzmir, Türkiye
ozturk.ebru2000@gmail.com
ORCID iD: 0000-0002-3808-1956

Gambling Addiction

Marc N. Potenza

Yale University, New Haven, USA
marc.potenza@yale.edu
ORCID iD: 0000-0002-6323-1354

Public Health

Mehmet Sait Değer

İstanbul University-Cerrahpaşa, İstanbul, Türkiye
mehmetsaitdeger@gmail.com
ORCID iD: 0000-0001-8862-1343

Research Methods in Addiction

Akif Avcu

Marmara University, İstanbul, Türkiye
avcuakif@gmail.com
ORCID iD: 0000-0003-1977-7592

Substance Use Disorders

Nabi Zorlu

Katip Çelebi University, İzmir, Türkiye
zorlunabi@gmail.com
ORCID iD: 0000-0002-2340-6156

Technology Addiction

Adem Başpınar

Kırklareli University, Kırklareli, Türkiye
abaspinar@klu.edu.tr
ORCID iD: 0000-0002-2125-1832

Tobacco/Nicotine Addiction

Volkan Kara

İstanbul University-Cerrahpaşa, İstanbul, Türkiye
volkan_kara@yahoo.com
ORCID iD: 0000-0001-7702-9731

Türkiye Yeşilay Cemiyeti adına sahibi / Owner on behalf of the Türkiye Yeşilay Cemiyeti (Turkish Green Crescent Society):
Mehmet Dinç • Sorumlu Yazı İşleri Müdürü / Responsible Manager: Hakan Çetin • Yayın türü / Publication Type: Yerel süreli /
Local Periodical • Basım yeri / Printed at: Promat Basım Yayın San. ve Tic A.Ş / Orhangazi Mah. 1673. sokak No: 34 Esenyurt /
Tel : 0212 622 63 63 / info@promat.com.tr • Basım tarihi / Printing Date: Aralık 2025 / December 2025



General Manager
İbrahim KARA

Publications Director
Deniz KAYA

Publications Coordinators

Şeref Mert GÜCÜN

Lütfiye ÇETİN

Şevval AKKAYA

Ceren BARUT

Başak Su GÜRBÜZ

Sude ÖZBULUN

Zeynep Ceren ÖZDEN

Web Coordinator

Ayça Nur SEZEN

Finance Coordinator

Gözde DOĞAN

Contact

Address: Halaskargazi Mah.
Halaskargazi Cad. No: 38-66E
İç Kapı No: 215 Şişli, İstanbul,
Türkiye
Phone: +90 212 217 17 00
E-mail: info@avespublishing.com

ADDICTA

Editorial Board

Zeynep Esra Abay Çelik

University of Health Sciences, Türkiye

Elias Aboujaoude

Stanford University, USA

Yusuf Adıgüzel

Sakarya University, Türkiye

Merih Altıntaş

University of Health Sciences, Türkiye

Osman Tolga Arıçak

Hasan Kalyoncu University, Türkiye

Hediyetullah Aydeniz

Marmara University, Türkiye

Mehmet Emin Babacan

Marmara University, Türkiye

Şaziye Senem Başgöl

Hasan Kalyoncu University, Türkiye

Rabia Bilici

The Turkish Green Crescent Society,
Türkiye

Natale Salvatore Bonfiglio

Scientific Institute for Research,
Hospitalization and Healthcare, Italy

Henrietta Bowden-Jones

Imperial College London, UK

Kathleen Brady

Medical University of South Carolina,
USA

Peyami Çelikcan

İstinye University, Türkiye

Paolo Deluca

King's College London, UK

Zsolt Demetrovics

University of Gibraltar, Gibraltar

Artuner Deveci

Celal Bayar University, Türkiye

Eren Murat Dinçer

Mimar Sinan Fine Arts University, Türkiye

Halil Ekşi

Marmara University, Türkiye

Toker Ergüder

University of Health Sciences, Türkiye

Kathleen A Garrison

Yale School of Medicine, USA

Yusuf Genç

Sakarya University, Türkiye

Jon E. Grant

The University of Chicago, USA

David Greenfield

University of Connecticut, USA

Mustafa Necmi İlhan

Gazi University, Türkiye

Ayşe Esra İşmen Gazioglu

İstanbul University-Cerrahpaşa, Türkiye

Susana Jimenez-Murcia

University of Barcelona, Spain

Muhammed Tayyib Kadak

İstanbul University-Cerrahpaşa, Türkiye

Máté Kapitány-Fövény

Semmelweis University, Hungary

İlyas Kaya

İstanbul University, Türkiye

Çiğdem Karakükcü

Erciyes University, Türkiye

Orsolya Király

ELTE Eötvös Loránd University, Hungary

Safa Koçoğlu

İstanbul Medeniyet University, İstanbul,
Türkiye

Shane W. Kraus

University of Nevada, USA

Anne-Marie Laslett

La Trobe University, Curtin University,
Australia

Maria Lavdaniti

International Hellenic University, Greece

Alexander Logemann

ELTE Eötvös Loránd University, Hungary

Mustafa Otrar

Republic of Türkiye Ministry of National
Education, Türkiye

Ahmet Özdiç

İstanbul University-Cerrahpaşa, Türkiye

Hans-Juergen Rumpf

University of Lübeck, Germany

Recep Erol Sezer

Yeditepe University, Türkiye

Sherry Stewart

Dalhousie University, Canada

Daniel Tornaim Spritzer

Universidade Federal do Rio Grande do
Sul, Brazil

Perihan Torun

University of Health Sciences, Türkiye

Abdullah Uçar

Sakarya University, Türkiye

Ömer Miraç Yaman

İstanbul University-Cerrahpaşa, Türkiye

Kübra Güran Yiğitbaşı

Turkish Ministry of Interior,
Afyonkarahisar Governorate,
Afyonkarahisar, Türkiye

Akaki Zoidze

Ilia State University, Georgia

Darin Weinberg

King's College Cambridge, UK

ADDICTA

CONTENTS

Original Articles

- 362 **Sociodemographic, Clinical, and Psychological Characteristics of Adults with Gaming Disorder: A Nationwide Study from Türkiye**
Tuğba Bozdemir, Hümeysra Mutlutürk, Dilara Demircan, Büşra Yamanel-Özsoy, Yasin Kavla, Hasan Durmuş, Gökhan Umut
- 374 **Exploring Academic Trends in Gaming Disorder Research in Türkiye: A Bibliometric and Descriptive Content Analysis of Graduate Theses (2010 – 2024)**
Sarper İçen
- 382 **The Relationship between Undergraduate Students' Online Gaming Motivations, Gaming Addiction, and Online Prosocial Behaviors**
Muhammed Enes Keskinç, Selen Demirtaş-Zorbaz
- 389 **Explaining Psychological Theories and Constructs Affecting Problematic Social Media Use in Turkish University Students from a Motivational Perspective**
Levent Kızıloğlu
- 398 **A Person-Centered Approach to Social Media Addiction in Adolescents: Latent Profile Analysis of the Sense of Coherence, Cognitive Flexibility, and Emotion Regulation**
Bilal Kaya, Fulya Cenkseven Önder
- 405 **Executive Dysfunction and Psychological Symptoms in Problematic Social Media Use**
Yalçın Kahya, Cansu Ünsal Mavi, Çiçek Hocaoglu
- 411 **Intolerance of Uncertainty in the Relationship between Self-regulation and Social Media Addiction**
Oya Onat Kocabıyık
- 418 **Internet Addiction, Social Media Addiction, and Nomophobia in Social Media Managers: What Is Their Relationship with Personality Traits?**
Recep Çolak, Ezgi Saylan Çolak
- 426 **Gambling Addiction and Suicide: A 10-Year Autopsy-Based Retrospective Analysis**
Hüseyin Çağrı Şahin, Muhammet Ali Oruç, Muhammed Emin Boylu, Muhammed Fatih Yaman, İbrahim Üzün

Review

- 434 **Pornography and Masturbation Addictions through the Lens of Self-Help: Insights from NeverFap Academy Members**
Hüseyin Zahid Kara, Hakan Karaman, Ömer Miraç Yaman

Original Articles

- 442 **What Do Post-Pandemic Graduate Theses Reveal About Behavioral and Digital Addictions? A Bibliometric Analysis**
Tuğba Yılmaz, Yusuf Ziya Koç, Melis Kul
- 450 **Examining the Relationship between Digital Obesity, Digital Addiction, Desire for Self-Control, and Academic Achievement among University Students**
Özkan Özbay
- 459 **The Relations between Eating Behaviors, Body Appreciation, Problematic Internet Use, and Impulsivity: A Research on Testing Different Structural Models**
Güliden Gökçen, Zeliha Traş
- 468 **Smartphone-Related Distractibility, Flow, and Short Video Addiction: Implications for the Mental Health of Pre-Service Special Education Teachers**
Veli Emre Kurtça, Emre Laçın
- 475 **Unveiling the Mediating Role of Boredom Proneness in the Relationship Between FoMO and Problematic Smartphone Use among Undergraduates**
Deniz Mertkan Gezgün

ADDICTA

484 Evaluation of Internet News through a Strategic Communication Document for Combating Addiction

Kemal Balica, Mehmet Kırlioğlu

492 Impact of Workplace Stress on Addictive Behaviors among Workers in a Tunisian Petroleum Industry

Nehla Rmadi, Nada Kotti, Mounira Hajjaji, Amel Kchaou, Kaouthar Jmal Hammami

Review

498 A Roadmap to Problematic Pornography Use: Research, Assessment, and Treatment

Eren Murat Dinçer, Hasan Durmuş, Süleyman Agah Demirgöl, Yasin Kavla, Süreyyanur Kitapçıoğlu, İlker Aktürk, Tuğba Bozdemir, Tuncay Sandıkçı, Mehmet Büyükçorak, Feride Yüksel Barış